The Ultimate Panera Menu Guide February 2025

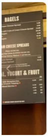
Panera, with over 2224 locations, is one of the leading fast casual restaurants in the US and Canada that commits to offer 100% clean food to its millions of loyals customers. What sets it apart from many other restaurants is that its expert bakers prepare fresh breads every day in their bakery-cafes to serve them in different forms throughout the day.

Panera Bread Menu features a variety of mouth-watering products including sandwiches, bagels, soups, salads, and a lot more. They provide plenty of convenient service options like delivery, drive thru, takeout and catering to accommodate the different needs of their customers.

So, visit Panera if you want something that satisfies both your cravings and your nutrition needs!

ITEM	PRICE ($)	CALORIES
Chipotle Chicken Avocado Melt	9.99	760
Bacon Turkey Bravo®	9.89	830
Mediterranean Veggie	7.99	470
Broccoli Cheddar Soup (Bowl)	5.99	360
Cream of Chicken & Wild Rice Soup (Bowl)	5.99	260
Homestyle Chicken Noodle Soup (Bowl)	5.99	170
Green Goddess Cobb Salad with Chicken	10.49	500
Asian Sesame Salad with Chicken	9.99	430
Chocolate Croissant	2.99	350
Cinnamon Roll	3.49	620

Panera Bread Menu PDF



COFFEE, TEA & COLD DRINKS
UNLIMITED SIP CLUB
CREAM

SANDWICHES

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The Complete Panera Bread Menu Winter 2025

Panera menu offers a wide range of items including sandwiches, bagels, toasts, and soups to provide customers with many different options to choose from. Whether you are in the mood for something hot and soothing like a Hearty Fireside Chilli soup or something filling yet easy on stomach like Mediterranean Chicken Greens with Grains, you will find all you need to make your day and satisfy your cravings.

The new Panera menu is divided into multiple categories, each category offers unique selection of scrumptious items.

PANERA BREAD
MENUS WITH PRICES
ULTIMATE MENU GUIDE
New Panera Bread menu items offer diverse nutrients and food types at affordable rates, so you can grab a light yet satisfying meal without breaking the bank
PANERAMENUS.COM

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✨NEW✨ MENU ALERT at Panera Bread! Stop by Panera Bread today and enjoy the innovation! Our favorites are the Ciabatta Cheesesteak, the Bacon Mac & Cheese and the Ranch Cobb Salad!
•
#maverickdining #panerabread #diningdollars

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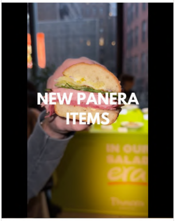

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NEW PANERA MENU ITEMS!!! Thanks @panerabread for having us. All these menu items hit, and they're available now!

#newmenu #panera #bread #sandwhich #salad #mac #cheese #ny #nyc #newyork #newyorkcity #foodporn #food #foodie #foody

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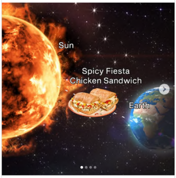

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Trying our newest spicy menu items is +2237 aura points 🔥🔥🔥 Have you ordered our NEW! Fiesta Chicken Sandwich and Kickin' Grilled Cheese yet?

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Panera Egg Sandwiches Menu

These scrambled egg Panera Bread sandwiches are perfect for early risers who need a quick bite to start their day and get going. They come in different textures and flavors depending on their main ingredients which range from cheese and steak to veggies and sausage and more. Many limited-time items are added to this menu each season. Grab your favorite Panera Bread egg sandwich while it lasts!

Bacon Double Take

540 Calories

$5.49

Steak & Wake

470 Calories

$5.99

Sausage Cinna Scramble Sandwich

790 Calories

$5.89

Asiago Sausage & Egg Sandwich

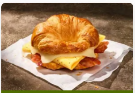
820 Calories

$5.79

Ciabatta Bacon, Egg & Cheese Sandwich

430 Calories

$5.49



Croissant Bacon, Egg & Cheese Sandwich

500 Calories

$5.69

Garden Avo & Egg White Sandwich

340 Calories

$5.99

Chipotle Chicken, Egg & Avo Sandwich

550 Calories

$6.29

Ciabatta Ham, Egg & Cheese Sandwich

410 Calories

$5.49

Ciabatta Sausage, Egg & Cheese Sandwich

590 Calories

$5.79

Croissant Sausage, Egg & Cheese Sandwich

660 Calories

$5.99

Cinna Scramble

580 Calories

$4.99

Ciabatta Egg & Cheese Sandwich

380 Calories

$4.99

Croissant Egg & Cheese Sandwich

450 Calories

$5.19

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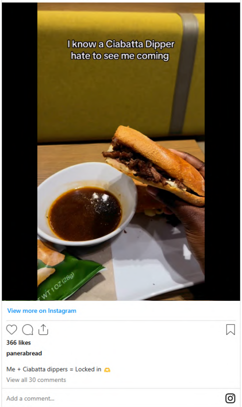

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Me + Ciabatta dippers = Locked in 🫶

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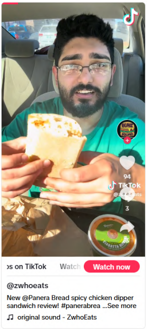
Panera Hot Sandwiches

As the name indicates, Panera hot sandwiches are served piping hot. They are grilled or toasted during their preparation and generally have warm, tasty chicken, ham, steak, and similar options as their protein source.

What makes them extra special is the free side that comes with each sandwich. You can choose one from chips, baguette and apply as a meal side.



@zwhoeats

New @Panera Bread spicy chicken dipper sandwich review! #panerabrea ...See more

♫ original sound - ZwhoEats

French Ciabatta Dipper

1130 Calories

$12.19

Spicy Chicken Ciabatta Dipper

910 Calories

$10.19

Chicken Bacon Rancher

900 Calories

$12.19

Ciabatta Cheesesteak

1040 Calories

$13.39

Chipotle Chicken Avo Melt

Toasted Frontega Chicken

Toasted Italiano

Spicy Fiesta Chicken

920 Calories
$12.19

790 Calories
$12.19

1280 Calories
$13.39

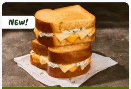
840 Calories
$12.19

Toasted Garden Caprese

890 Calories
$10.19

Smokehouse BBQ Chicken

730 Calories
$10.19

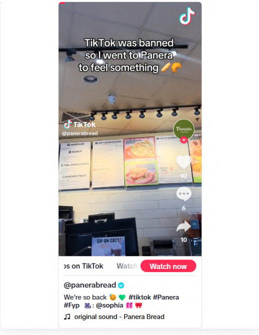


Kickin' Grilled Cheese

840 Calories
$8.39

Grilled Cheese

890 Calories
$8.39



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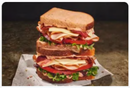
@panerabread ✓
We're so back 🥲 💚 #tiktok #Panera
#Fyp 🎥: @sophia 🎀🎀
♫ original sound - Panera Bread

Panera Cold Sandwiches Winter 2025

Again, their name specifies they are served cold without being grilled and toasted like their hot counterparts. They are sold in different flavors including turkey, tuna, and grilled chicken. Each sandwich also has three free side options you can choose from.

Grilled Chicken & Avo BLT

900 Calories
$13.39



Bacon Turkey Bravo

870 Calories
$12.19

Turkey & Cheddar Sandwich

770 Calories
$10.19

Tuna Salad Sandwich

550 Calories
$10.19

Tomato Basil BLT

750 Calories
$9.79

Mediterranean Veggie

490 Calories
$8.39

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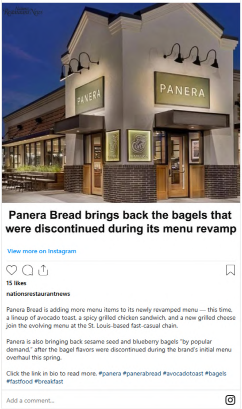

Panera Bread brings back the bagels that were discontinued during its menu revamp

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Panera Bread is adding more menu items to its newly revamped menu — this time, a lineup of avocado toast, a spicy grilled chicken sandwich, and a new grilled cheese join the evolving menu at the St. Louis-based fast-casual chain.

Panera is also bringing back sesame seed and blueberry bagels "by popular demand," after the bagel flavors were discontinued during the brand's initial menu overhaul this spring.

Click the link in bio to read more. #panera #panerabread #avocadotoast #bagels #fastfood #breakfast

Panera Bread Bagels 2025

Panera provides freshly baked bagels with different flavors, toppings, and spreads. They are a popular breakfast meal option and are equally enjoyed plain as a snack. Wheat and malted barley flour are their base ingredients but you can find them in other flavors as well.

Panera bagels are prepared fresh every day, hence, feel very soft from the inside and full of chewy texture from the outside. You can spread your favorite cream and cheese on them to take their taste to the next level. Purchase a single bagel to eat fresh or buy a pack of dozen and more to enjoy throughout the week. You can also simply stock up for quick and convenient breakfasts.

Cinnamon Crunch Bagel

430 Calories

$1.89

Asiago Bagel

320 Calories

$1.89

Everything Bagel

290 Calories

$1.89

Plain Bagel

280 Calories

$1.89

Blueberry Bagel

290 Calories

$1.89

Cinnamon Swirl & Raisin Bagel

320 Calories

$1.89

Sesame Bagel

300 Calories

$1.89

Multigrain Bagel Flat

180 Calories

$1.89

Half Dozen Bagels

1760 Calories

$8.79

Tuesday Baker's Dozen

3950 Calories

$9.49

Baker's Dozen Bagels

4175 Calories

$16.55

Bagel Pack

4170 Calories

$18.29

Dozen & a Half Bagels

5460 Calories

$17.29

Panera Avocado Toast February 2025

Are you an avocado fan? Then, this menu is your door to happiness!

On Panera's avocado toast menu, you will find freshly made toasts having a generous avocado spread, seasonings, tomatoes, and other fresh veggies. Enjoy this toast with a cup of brewed coffee or warm soup for a complete meal.

Classic Avo-New

230 Calories

$4.29

Garden Avo-New Recipe

350 Calories

$4.79

Panera Soufflés

Make your breakfast more delightful with soft, airy and buttery panera soufflés. They are made from glossy beaten egg and a variety of cheese like romano cheese and cheddar that combine to create delicious items that keep you coming back for more.

Spinach & Bacon Soufflé

550 Calories

$4.89

Four Cheese Soufflé

470 Calories

$4.89

Panera Bread Soup & Mac

Panera serves various soups in different flavors, textures, and consistency, all of which are quite famous among Panera fans. This comforting food is freshly prepared daily and popularly paired with Panera mac and cheese, which creates a whole new experience for customers. Mac and cheese adds creamy, cheesy flavor while taking the overall taste to the next level.

An interesting part about these soups is that you can get them in a bread bowl, which is a sourdough bread shaped into a bowl that is hollowed out and filled with the soup.

Mac & Cheese

960 Calories

$13.49

Autumn Squash Soup

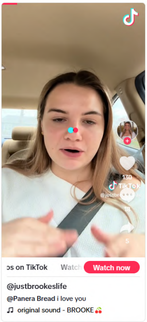
330 Calories

$8.89

Creamy Tomato Soup

370 Calories

$8.89



@justbrookeslife

@Panera Bread i love you

♫ original sound - BROOKE 🍒

Salad Options at Panera Bakery

Panera salad menu features several grains and greens options containing a variety of colorful fresh and crisp ingredients that provide healthy dose of essential nutrients. Pair them with a sandwich, soup or complementary options to complete your meal. These salads also have all sorts of classic sauces and dressings that add an extra layer of flavor and texture.

Plus, you can create your own Panera bowl using their customization options. Pick any ingredients from the available options, and they will prepare a bowl just right for you. Salads also have a 'choose a free side' option.

Mediterranean Greens with Grains

540 Calories

$9.99

Greek Salad

420 Calories

$8.99

Balsamic Greens with Grains

450 Calories

$9.99

I pay attention to things most people ignore (unlimited coffee... & more)